



Healthy Habits for a Lifetime

Reading Level: Gr. 2 | Interest Level: Gr. K-3

\$17.70 RLB • \$7.95 PB

Full-color | 24 pages | 8½ x 9½"

A lifetime of fitness starts with building healthy habits as a child. This inspiring series gets children thinking about the things they can do every day to get in the habit of being physically and mentally fit. Children will learn how proper nutrition and exercise benefit their bodies, and simple activities offer easy exercises, healthful snacks, bedtime routines that promote rest, and ways to reduce stress.

2 NEW titles



AVAILABLE

Title	Dewey	GRL	ATOS	Lexile	QTY	RLB	QTY	PB
Do your Bit to Be Physically Fit! <i>Rebecca Sjonger ©16</i>	613.7	M	–	–	_____	978-0-7787-1879-6	_____	978-0-7787-1883-3
On a Mission for Good Nutrition! <i>Rebecca Sjonger ©16</i>	613.2	M	–	–	_____	978-0-7787-1880-2	_____	978-0-7787-1884-0
You Need Rest to be at Your Best! <i>Rebecca Sjonger ©16</i>	613.7	L	–	–	_____	978-0-7787-1881-9	_____	978-0-7787-1885-7
Stress Less! A Kid's Guide to Managing Emotions <i>Rebecca Sjonger ©16</i>	155.9	M	–	–	_____	978-0-7787-1882-6	_____	978-0-7787-1886-4
Hop, Throw, and Play: Build Your Skills Every Day! <i>Rebecca Sjonger ©16</i>	–	–	–	–	_____	978-0-7787-2349-3	_____	978-0-7787-2351-6
How to Choose Foods Your Body Will Use <i>Rebecca Sjonger ©16</i>	–	–	–	–	_____	978-0-7787-2350-9	_____	978-0-7787-2352-3



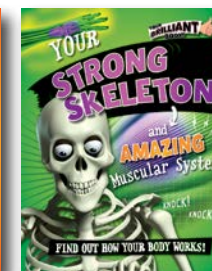
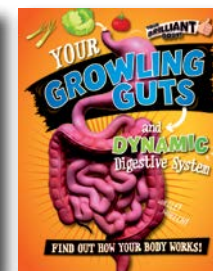
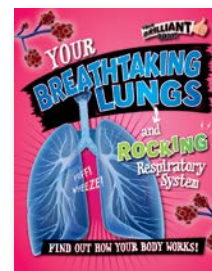
Your Brilliant Body!

Reading Level: Gr. 4-5 | Interest Level: Gr. 3-6+

\$20.70 RLB • \$8.95 PB

Full-color | 32 pages | 8½ x 10¾"

Each title in the Your Brilliant Body! series looks at a different system of the human body, exploring anatomy from head to toe with attention-grabbing facts and key information. Exciting design combines with engaging facts to reveal the wonders of the human body.



AVAILABLE

Title	Dewey	GRL	ATOS	Lexile	QTY	RLB	QTY	PB
Your Breathtaking Lungs and Rocking Respiratory System <i>Paul Mason ©16</i>	612.2	S	–	940L	_____	978-0-7787-2195-6	_____	978-0-7787-2209-0
Your Growing Body and Remarkable Reproductive System <i>Paul Mason ©16</i>	612.6	S	–	920L	_____	978-0-7787-2196-3	_____	978-0-7787-2210-6
Your Growling Guts and Dynamic Digestive System <i>Paul Mason ©16</i>	612.3	S	–	930L	_____	978-0-7787-2197-0	_____	978-0-7787-2211-3
Your Hardworking Heart and Spectacular Circulatory System <i>Paul Mason ©16</i>	612.1	S	–	950L	_____	978-0-7787-2198-7	_____	978-0-7787-2224-3
Your Mind-Bending Brain and Networking Nervous System <i>Paul Mason ©16</i>	612.8	S	–	960L	_____	978-0-7787-2199-4	_____	978-0-7787-2225-0
Your Strong Skeleton and Amazing Muscular System <i>Paul Mason ©16</i>	611	S	–	950L	_____	978-0-7787-2208-3	_____	978-0-7787-2226-7



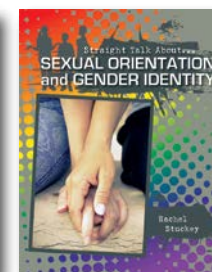
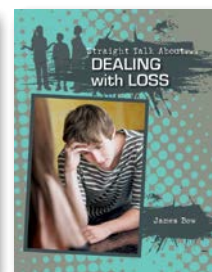
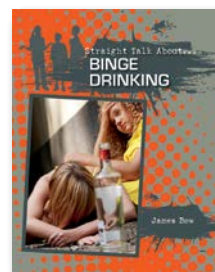
Straight Talk About...

Reading Level: Gr. 5 | Interest Level: Gr. 5-8+

\$22.95 RLB • \$9.95 PB

Full-color | 48 pages | 7¼ x 9¼"

Four titles have just been added to **Straight Talk About...**, a series that informs, educates, and provides strategies for coping with sensitive everyday social issues. Each book provides a sensitive and honest exploration of the topic without judgment, from a standpoint of guidance and assistance. Each book is supported by real-life stories from young people going through these issues, stay-safe advice, coping strategies, and informative question and answer sections.



Title	Dewey	GRL	ATOS	Lexile	QTY	RLB	QTY	PB
Child Abuse <i>Sydney Newton, Julie Gerrits ©11</i>	362.76	V	7.0	NC1080L		978-0-7787-2127-7		978-0-7787-2134-5
Date Rape <i>Jessica Wilkins ©11</i>	362.883	V	6.6	950L		978-0-7787-2128-4		978-0-7787-2135-2
Racism and Prejudice <i>Margurite Rodger, Jessie Rodger ©11</i>	305.8	V	6.8	1000L		978-0-7787-2129-1		978-0-7787-2136-9
Cutting and Self-injury <i>Rachel Eagen ©11</i>	616.85	V	6.2	880L		978-0-7787-2130-7		978-0-7787-2137-6
Suicide <i>Rachel Eagen ©11</i>	616.85	V	6.7	970L		978-0-7787-2131-4		978-0-7787-2138-3
Teen Pregnancy <i>Pamela McDowell ©11</i>	306.874	V	6.8	950L		978-0-7787-2132-1		978-0-7787-2139-0
Bullying <i>Jessica Pegis ©13</i>	302.34	T	5.4	—		978-0-7787-2181-9		978-0-7787-2188-8
Divorce and Blended Families <i>Carrie Iorizzo ©13</i>	306.89	T	5.3	—		978-0-7787-2182-6		978-0-7787-2189-5
Eating Disorders <i>Carrie Iorizzo ©13</i>	616.85	U	6.4	—		978-0-7787-2183-3		978-0-7787-2190-1
Gambling <i>Carrie Iorizzo ©13</i>	363.4	U	6.0	—		978-0-7787-2184-0		978-0-7787-2191-8
Gangs <i>James Bow ©13</i>	364.106	U	5.6	—		978-0-7787-2185-7		978-0-7787-2192-5
Sex <i>James Bow ©13</i>	613.9071	V	6.1	—		978-0-7787-2186-4		978-0-7787-2193-2
Binge Drinking <i>James Bow ©15</i>	362.29	U	6.0	940L		978-0-7787-2200-7		978-0-7787-2204-5
Dealing with Loss <i>James Bow ©15</i>	155.9	U	5.4	800L		978-0-7787-2201-4		978-0-7787-2205-2
Digital Dangers <i>Rachel Stuckey ©15</i>	302.33	V	5.8	920L		978-0-7787-2202-1		978-0-7787-2206-9
Sexual Orientation and Gender Identity <i>Rachel Stuckey ©15</i>	306.76	V	6.1	930L		978-0-7787-2203-8		978-0-7787-2207-6

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AVAILABLE